EFFECT OF PASTEURIZATION AND STORAGE ON FLAVOUR OF APPLE AND KIWIFRUIT BLEND JUICE

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ABSTRACT

A blend juice prepared from apple juice and kiwifruit juice (60:40 v/v), was pasteurized and stored for 3 and 6 months at 4°C and 25°C until analysis. Sensory evaluation showed significant differences between the fresh and pasteurized blend juice in all sensory attributes. The headspace volatiles of fresh apple, fresh kiwifruit, fresh and stored pasteurized blend juice at different temperatures were collected and subjected to GC and GC-MS analysis. A total of 33 volatile components were identified, 18 esters (17 aliphatic and one aromatic), 6 alcohols, 3 aldehydes, 3 terpenic hydrocarbons, 2 ketones and 1 carboxylic acid. The volatile components in the pasteurized blend juice showed considerable quantitative and qualitative variations during storage. By comparative study between the blend juice and fresh apple, fresh kiwifruit juices it was clear that the pasteurization process caused a remarkable increase in the total esters content due to the high increase in methyl propanoate, methyl butanoate and methyl benzoate. Pasteurization caused a sharp decrease in butanol which is the most abundant compound in fresh apple juice. All alcohols showed the same trend except ethanol. Pasteurization revealed a remarkable decrease in (E)-2-hexenal which is the most abundant compound in fresh kiwifruit juice. Regarding the effect of storage it was noted that the blend juice stored at 4°C showed high quality after 3 months due to the remarkable increase in the contents of total ester, butanol, and (E) –2- hexenal with a decrease in limonene, but after 6 months the good quality was attributed to the high increase in ethyl butanoate concentration. While storage at 25°C showed good quality after 3 months due to the very high increase in total esters content which attributed to a great increase in ethyl butanoate concentration (which gave sweet and fruity aroma to juice), but storage for 6 months gave rise to a sharp decrease in ethyl butanoate which led to a high loss in aroma quality.

Keywords: Apple juice, Kiwifruit juice, Pasteurization, Storage, Flavour

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INTRODUCTION

Consumers in advanced nations desire to have a juice that has the flavour of freshly squeezed products. In the manufacture of fruit juices, evaporation in the juice concentration process and thermal treatment in the pasteurizing process are critical factors that may contribute to flavour deterioration (Schreier, 1981; Sheu and Wiley, 1983; Yu and Chiang, 1986; Drake and Nelson, 1987; Lue and Chiang, 1989; Myrna, et al 1990; Cliff, et al 2000). Researchers have reported that apple juices and concentrates contained less than half the volatile components present in the original fruit (Peredi, et al 1981). Rao, et al (1987) reported that eight odour-active volatiles of apple juice were partially lost after being processed with a plate and frame filtration (PFF), vacuum drum (VDR) or ultrafiltration (UF) system. Chou, et al (1991) reported losses of 55.3-75.4% hexanal and 33.3-57.9% ethyl 2-methyl butyrate in apple juice concentrate processed by reverse osmosis (RO).

Fruit juices are commonly treated at 90-100 °C to increase their shelf life. The quality optimization by thermal processing is possible due to the difference in temperature dependencies of the inactivation of target microorganisms and the thermal degradation of sensory attributes (Lund, 1977).


The flavour of kiwifruit [Actinidia delicosa var. delicosa cv. Hayward] appears to be a subtle blend of several volatile components. The fruit softens considerably during ripening, which produces a large number of volatile compounds (Young and Paterson, 1995). The composition of this volatile fraction has been the subject for several studies (Young and Paterson 1985; Takeoka, et al 1986; Takeoka 1987; Paterson, et al 1991, Gilbert, et al 1996; Pino 1997; Jung and Young 1997; Wan, et al 1999; Jordan, et al 2002 and Matich, et al 2003). About 80 volatile components have been reported in these studies among them, the main identified components were methyl and ethyl butanoate, hexanal, (Z)- and (E)-2-hexenal, hexanol, (Z)-, and (E)-3-hexenol, and methyl benzoate.

A sensory and instrumental analysis of the aroma of kiwifruit by Pfannhauser (1988) yielded a total of 52 compounds. His results showed a rapid change in the volatile composition from fresh/ mature to the overripe or frozen state with a decrease in C6 compounds such as hexanal, hexenol, and ethyl butyrate and an increase in terpene esters. These changes occur in parallel to changes in the sensory impression of kiwi aroma from a fresh/ green to an undesired ester note.

Early Young, et al (1983) olfactometrically evaluated the kiwifruit volatiles and reported (E)-2-hexenal and the butanoate esters, with some contributions from the C6 alcohols, as the most aroma active components. Studies by Bartley and Schwede (1989) identified 27 components in kiwifruit and declared that 2-
hexenal was the major component in mature fruit but on further ripening ethyl butanoate began to dominate the profile. These results were confirmed years later by Jung and Young (1997), who studied the effect of storage period on the flavour components of Korean kiwifruit.

Young and Patterson (1995) studied the characterization of bound flavour components in kiwifruit and detected volatile components that were released by enzymatic hydrolysis with B-glucosidase. Major compounds found and identified were (E)-2-hexenal and benzaldehyde. The compounds that not previously identified included octan-3-ol, camphor, 4-methylbenzaldehyde, 2-hydroxybenzaldehyde, neral, geraniol, and 2-phenylethanol. Pino (1997) defined a total of 48 volatile components of which ethyl benzoate, hexanal, and (E)-2-hexenal were the major contributors to the aroma of kiwi juice. More recently Wan, et al (1999) identified 42 volatile components in kiwifruit by SPME-GC-MS, with 4-pentenal, (E,E)-2,4-nonadienal, 2-nonanone, ethyl octanoate, butyrolactone, and 2-propenyl butanoate were reported for the first time in this fruit.

The aim of this study is to determine the effect of pasteurization and storage on the flavour changes of apple and kiwifruit blend juice, stored at two different temperatures 4°C and 25°C for 3 and 6 months. 

MATERIAL AND METHODS

The freshly picked large mature apples (var. Anna) were obtained from an orchard at Cairo-Alexandria desert road. The fresh mature kiwifruit (Actinidia deliciosa) were purchased from local market. The authentic compounds were purchased from Sigma and Aldrich Co.,s.

Preparation of apple and kiwifruit blend juice

Apple fruits were washed, cut into halves, the juice was extracted then clarified with cloth to separate fibers and seeds. 250 gms sugar were added to every litre of juice and the sugar was dissolved. The juice of kiwifruit was extracted clarified and sugar was added as mentioned above. A blend juice was prepared containing 60% apple juice and 40% kiwi juice (v/v), citric acid and pectinase enzyme were added followed by filtration on asbestos with cotton. Clarification was performed by heating the blend juice at 85°C for 1min, then filtered through a cloth, and pasteurized at 95°C for 25 minutes then immediately cooled and packaged in 120 ml glass bottles which were sterilized at 100°C for 5 minutes then stored at two temperatures 4°C (refrigerator) and 25°C (room temperature) until analysis.

Sensory evaluation

The organoleptic properties of the fresh unpasteurized blend juice (control sample) and pasteurized blend juice were evaluated by 10 experienced assessors. The panelists were asked to evaluate the samples according to their quality characteristics (colour, flavour, taste, consistency and overall acceptability) on 1-10 hedonic scale, where 1 was dislike extremely and 10 was like extremely (LaRmond, 1967), in comparison with the fresh blend juice which was given the highest scores (10) for all sensory attributes. The mean scores were compared for statistical dif-
ferences using Tukey’s test (Steel and Torrie, 1980).

Isolation of headspace volatiles

The volatiles in the headspace of each sample under investigation were isolated by using a dynamic headspace system. The samples were purged for 1 h with nitrogen gas (grade of N2 > 99.99) at a flow rate 100 ml/min. The headspace volatiles were swept into cold traps containing diethyl ether and pentane (1:1, v/v) and held at –10 ºC. The solvents containing the volatiles were dried over anhydrous sodium sulfate for 1 h. The volatiles were obtained by evaporation of the solvents under reduced pressure (Fadel, et al 2000).

Gas chromatographic (GC) analysis

GC analysis was performed by using Hewlett-Packard model 5890 equipped with a flame ionization detector (FID). A fused silica capillary column DB5 (60m x 0.32 mm id) was used. The oven temperature was maintained initially at 50ºC for 5 min, then programmed from 50 to 250ºC at a rate of 4ºC/min. Helium was used as the carrier gas, at flow rate 1:1ml/min. The injector and detector temperatures were 220 and 250ºC, respectively. The retention indices (Kovats index) of the separated volatile components were calculated using hydrocarbon (C8-C22, Aldrich CO.) as references.

Gas chromatographic-mass spectrometric (GC-MS) analysis

The analysis was carried out by using a coupled gas chromatography Hewlett-Packard (5890)/mass spectrometry Hewlett-Packard-MS (5970). The ionization voltage was 70 eV, mass range m/z 39-400amu. The GC condition was carried out as mentioned above. The isolated peaks were identified by matching with data from the library of mass spectra (NIST) and compared with those of authentic compounds and published data (Adams, 1995). The quantitative determination was carried out based on peak area integration.

RESULTS AND DISCUSSION

1- Effect of pasteurization on the organoleptic characteristics of apple and kiwifruit blend juice

As shown in Table (1) there are remarkable differences between the pasteurized and fresh juices concerning the colour, odour, taste, consistency and overall acceptability. These results are consistent with Moshonas and Shaw 1997 who reported that sensory panels detected flavour differences between the unheated juice and the heavily heated juice. Yulianti, et al 2004 reported that the acceptability of pasteurized apple cider could be related to significant differences in the content of several esters that are important contributors to apple flavour.

2- Volatile components in headspace of fresh apple juice, fresh kiwifruit juice and their pasteurized blend juice stored for 3 and 6 months at two temperatures (4º and 25ºC)

The separated volatile components as identified by comparison of their mass spectra with library (NIST) and with those of authentic compounds and published data are cited together with their area percentages in Table (2).
Blend juice of apple and kiwi

Table 1. Effect of pasteurization on the organoleptic characteristics of apple and kiwi-fruit blend juice

<table>
<thead>
<tr>
<th>Characteristics</th>
<th>Colour Mean± SD</th>
<th>Odour Mean± SD</th>
<th>Taste Mean± SD</th>
<th>Consistency Mean± SD</th>
<th>Overall acceptability Mean± SD</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fresh blend juice (control)</td>
<td>10</td>
<td>10</td>
<td>10</td>
<td>10</td>
<td>10</td>
</tr>
<tr>
<td>Pasteurized blend juice</td>
<td>8.5± 0.82</td>
<td>7.5± 0.92</td>
<td>7.2± 0.99</td>
<td>7.3± 1.05</td>
<td>8.2± 0.60</td>
</tr>
</tbody>
</table>

SD: Standard deviation
Values are the mean of 10 assessors ± SD.

As shown from Table (2) 16 ester compounds were identified in the volatiles of fresh apple juice, among them ethyl butanoate (14.49%), hexyl acetate (3.5%), ethyl hexanoate (2.25%), ethyl propanoate (2.15%), methyl butanoate (2.09%), 2-methyl butyl acetate (1.22%) and methyl benzoate (2.63%) were the major esters. Previous studies (Kakiuchi, et al 1986; Brockhoff, et al 1993) have shown that the esters are important for the sensory impression because of their type of smell and their low odour thresholds.

2-Methyl butyl acetate and hexyl acetate are present in considerable concentrations in the headspace volatiles of fresh apple juice (1.22% and 3.50%, respectively) Table (2). These 2 components with butanol which is the predominant alcohol and the major compound in volatiles of fresh apple juice under investigation (31.31%) are responsible for apple flavour. Young, et al (1996) found that red apple aroma and red apple flavour increased with increasing levels of 2-methyl butyl acetate, butanol and hexyl acetate. These results are in agreement with those obtained by Fadel, et al (2000) who reported that butyl acetat and
Blend juice of apple and kiwi
Fig 1. Gas chromatograph of volatiles in headspace of fresh apple juice, fresh kiwifruit juice and their pasteurized blend juice.
Blend juice of apple and kiwi

Fig. 2. Gas chromatograph of volatiles in headspace of Pasteurized blend juice zero time sample and stored samples at 4°C for 3 and 6 months
Fig. 3. Gas chromatograph of volatiles in headspace of Pasteurized blend juice zero time sample and stored samples at 25°C for 3 and 6 months
Blend juice of apple and kiwi

The total esters content of pasteurized blend juice was 53.07% of the total content of aroma compounds, Fig. (4). This notable increase, compared with those in fresh apple and fresh kiwifruit juices, may be attributed to the high increase in methyl propanoate, methyl butanoate and methyl benzoate (18.63%, 7.42% and 9.7%, respectively) Table (2) as a result of pasteurization process. (Su and Wiley, 1998; Dixon and Hewett 2001; Yulianti, et al 2004).

On the other hand as shown in Fig. (4) the content of esters showed considerable increase in blend juice after storage for 3 and 6 months at 4°C (57.05% and 54.02%, respectively), this increase may be attributed to the remarkable increase in

hexyl acetate accounting more than 60% of the total volatiles of fresh Anna apple.

Eleven esters compounds were detected and dominated in volatiles of fresh kiwifruit juice Table (2). Their total concentration was 38.22%, Fig. (4). The most abundant constituents were ethyl butanoate (13.27%) ethyl acetate (8.51%), methyl butanoate (3.72%), ethyl hexanoate (3.14%), methyl propanoate (2.47%), hexylacetate (1.43%) and methyl benzoate (3.28%), Table (2). These results confirm those previously reported by Young, et al (1983); Winterhalter (1991) and Paterson, et al (1991); Gilbert, et al (1996); Jordan, et al (2002) and Matich, et al (2003).
methyl propanoate (19.15%), ethyl ethanoate (9.12%), ethyl-2-methyl butanoate (4.83%), isobutyl acetate (2.88%) and propyl acetate (1.75%), after 3 months, but after 6 months the increase in esters concentration was attributed to the increase in ethyl butanoate from 3.28% to 33.24%, Table (2). These results agree with those of Young, and Paterson (1985) and Wan, et al (1999).

The esters content in the blend juice stored at 25°C for 3 months showed the same trend however it showed considerable decrease at the end of storage period to be 18.37% Fig. (4), this may be a result of increasing in ethyl butanoate concentration (46.51%) after the first 3 months which followed by a sharp decrease to be (3.24%) at the end of storage, Table (2). The same behaviour were found in our previous study on the effect of storage on pasteurized blend juice of orange and cantaloupe (Abd El Mageed and Ragheb 2005). Matich, et al (2003) Found that ethyl butanoate dominated headspace extracts with concentration ranged between 2 to 66% in several kiwifruit genotype. Also it was the only ester judged to contribute to kiwifruit flavour (Young and Paterson 1995). Lavilla, et al (1999) found that after different cold-storage periods, a total of 15 volatile compounds were detected in Granny Smith apples, 11 of them were esters, which constitute > 84% of the total aroma compounds emitted after 3 and 5 months.

Also Fallik, et al (1997) found that the total volatile esters from heat – treated fruit declined after 1 week of storge but had increased 4- folds from the initial sampling date after 6 weeks of storage. Wan, et al (1999) determined the evolution of the main flavour components of ripe kiwifruit after storage for various time periods. Su and Wiley (1998) reported that, the high temperatures used (~85°C) for pasteurization decreased all flavour compounds except propyl butyrate which increased.

Six alcohols were identified in the headspace volatiles of fresh apple juice and considered the predominant compounds which comprised 59.07% of the total flavour components, Fig. (4). Ethanol and butanol are the major alcohols of fresh apple juice (23.94%, 31.31% respectively) Table (2). This result confirm that reported by Dixon and Hewett (2001) who found that ethanol and butanol were the major alcohols in Fuji and Royal Gala apples and their concentrations increased as temperature increased. Also they were the two major alcohols in apple juice model solution (Bengtsson, et al 1989). Butanol is the most abundant component in fresh Anna apple juice, Table (2). Young, et al (1996) reported that butanol is one of the most abundant components of the flavour volatiles in Royal Gala apple and overall apple aroma and overall flavour increased with increasing levels of 2-methyl butylacetate and butanol. The total concentration of alcohols in volatiles of fresh kiwi juice were 19.67%, ethanol comprised 18.21%, from this ratio, Table (2). This result is in agreement with Paterson, et al (1991) who found that ethanol was the most abundant volatile in mature kiwifruit. Also ethanol was the major alcohol in pasteurized blend (21.49%) juice and in the all stored samples (12.7%, 17.1%, 14.42% and 22.62%, respectively) Table (2). Pasteurization process caused a decrease in all alcohols except for ethanol besides 3-methyl butanol and hexanol were not detected. Storage of blend juice at 4°C for 3 months led to a sharp decrease in etha-
Blend juice of apple and kiwi

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Blend juice of apple and kiwi  655

Acetaldehyde, hexanal and 2-hexenal are the three aldehydes identified in head-space volatiles of fresh apple and fresh kiwifruit juices, Table (2). (E)-2-hexenal is the most abundant compound in volatiles of fresh kiwifruit juice (36.07%) Table (2). (E) –2-Hexenal and hexanal are important contributors to kiwifruit flavour. (Jordan, et al 2002). Matich, et al (2003) found that (E)-2- hexenal was 1-58% in headspace extracts in kiwifruit (Actinidia arguta).

Although the total concentration of aldehydes was 2.58% in fresh apple juice and 36.73% in fresh kiwifruit juice, it showed a sharp decrease in pasteurized blend juice to become 1.63%, Fig. (4).

Storage caused an increase in the total aldehydes content to reach 9.37% after three months of storage at 4°C followed by a sharp decrease in each of the other treated stored sample (4°C for 6 months and 25°C for 3 and 6 months) Fig. (4). Hexanal and (E)-2- hexenal have tallowy/leaf-like, apple like/ leafy/ green/ fatty/unripe-fruit (concentration dependent) notes respectively (Rychlik, et al 1998). These compounds are products of lipox- ygenase breakdown of long-chain fatty acids such as lenolenic acid (Matheis, 1995).

β-pinene, myrcene and D-limonene were the three terpenic hydrocarbons identified in headspace volatiles of fresh apples and fresh kiwifruit juices Table (2). (Fallik, et al 1997; Jordan, et al 2002 and Matich, et al 2003). Pasteurization process caused an increase in limonene concentration to reach 21.67% in the blend juice with disapearence of β-pinene and myrecene, Table (2). Also storage gave rise to an increase in total hydrocarbon contents for all stored samples at two temperatures (4°C and 25°C) for 3 and 6 months recording (6.08%, 13.09%, 27.32%, and 15.63%, respectively) compared to their concentrations in fresh apple and fresh kiwifruit juices (2.33% and 3.94% respectively), Fig. (4); this increase was attributed to the increase in limonene content which is the major hydrocarbon in all samples (Abd

Two ketones (2-propanone and 1-penten-3-one) were represented in fresh apple juice by 1.99% and in fresh kiwi-fruit juice by 1.62%, while their concentrations decreased in pasteurized blend juice and in all stored samples except for the sample stored at 25°C for 6 months which showed a remarkable increase in total ketones content to reach 13.58% as a result of the high increase in 1-penten-3-one (13.17%) Table (2) (Paterson, et al 1991).

From the above mentioned results it is obvious that storage of the pasteurized blend juice at 4°C gave rise to a high stability of the volatile components responsible for the sweet and fruity aroma.

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دراسة تأثير البسترة والتخزين على تغيرات الطعم والرائحة
لمخلوط عصيري التفاح والكيوي

ماجدة عبد المنعم عبد المجيد1 - عماد الدين راغب شعيشع2

تمتد هذه الدراسة إلى معرفة تأثير البسترة على المركبات الطارئة الموجودة في مخلوط عصيري التفاح والكيوي أثناء التخزين. تم تحضيَّر المخلوط طويل عصيري التفاح والكيوي بنسبة 60/40 حجمًا وتم بسترة وتخزينه لمدة ثلاثة وستة أشهر على درجتين حرارة 4 °C (الثلاجة) و25 °C (درجة حرارة الغرفة) لحين تحليله.

المتى تفتيت التفاح والكيوي، تم تحفيز البسترة للأنظار السائرة، وتم تحليل البقول والدمار البسيط والميسي issu بمحلل شرقي. أيضاً عملية البسترة أدت إلى انخفاض حجم محتوى الأحماض والبروتينات والمركبات السائرة في عصير التفاح والكيوي المخلوطة المصنف. أيضاً المركب السائد والمسؤول عن الرائحة عصيري الكيوي الطازج مع زيادة

1 - قسم كيمياء مكاسب الطعم والرائحة - المركز القومي للبحوث - القاهرة - القاهرة
2 - قسم بحوث الحاصلات البستانية - معهد بحوث تكنولوجيا الأغذية بالجيزة - مصر
الليمونين وبدراسة تأثير التخزين على 
المخلوط المخزن التي تضح ان التخزين عند 
4°C أظهر جودة عالية بعد ثلاثة وستة أشهر 
وذلك بسبب الزيادة في تركيز الإيثيل بيوتانوات والتي تكسبه رائحة الفاكهة 
المستحبة. بينما التخزين عند درجة 25°C 
أظهر جودة عالية بعد ثلاثة أشهر وذلك 
أيضا بسبب الزيادة الفائقة في تركيز الايثيل 
بيوتانوات والتي انخفضت جدا بعد سنتين 
أي شمر أي في فترة التخزين مما قد 
يؤدي إلى انخفاض جودة العصير. 

ستة أشهر سببها الزيادة الهائلة في تركيز 
إيثيل بيوتانوات والتي تكسبه رائحة فاكهة 
المستحبة. بينما التخزين عند درجة 25°C 
أظهر جودة عالية بعد ثلاثة أشهر وذلك 
أيضا بسبب الزيادة الفائقة في تركيز الايثيل 
بيوتانوات والتي انخفضت جدا بعد سنتين 
أي شمر أي في فترة التخزين مما قد 
يؤدي إلى انخفاض جودة العصير.

تحكيم:
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