



## EVALUATION OF MINT AND SWEET BASIL HERBS PRODUCTION INTEGRATED INTO THE AQUAPONIC TILAPIA PRODUCTION SYSTEM

[41]

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### ABSTRACT

The impacts of climate change combined with water shortage and the need to increase food production to meet increasing population stimulate the implementation of Aquaponic systems not only on food scale but also on some medicinal plants in agriculture production. The current experiment was conducted at the Institute of Graduate Arid Land Agriculture and Research Institute (ALARI) at Ain Shams University, Egypt, to test sweet basil and mint development during the summer seasons of 2017 and 2018 under urban conditions through the aquaponic system. The objective of the study was to investigate the use of aquaponic compared to the chemical nutrient solution (control) as a nutritional source combined with two plant densities (6 and 8 plants/m<sup>2</sup>) in the design of complete randomized blocks for evaluating basil and mint growth. The density of the Nile Tilapia was 100 fish / m<sup>3</sup> in the aquaponic facility. The yield characteristics, the nutrient (N, P and K) and the oil content (percent) of basil and mint, have been measured in. Reveled results indicated that basil plant had a higher capacity for removing NH<sup>4+</sup>, NO<sub>3</sub>, P and K from fish rearing water than mint while plant density 8 plants/m<sup>2</sup> had a higher capacity compared plant density 6 plants / m<sup>2</sup> resulted enhancing the quality of fish rearing water led to increase the fish yield (the final and gain

tilapia yield). The chemical nutrient solution provided higher plant height, fresh and dry yields of basil and mint than the aquaponic solution, as well as N, P, K, and oil content % of basil and mint plants in both plant density (6 and 8 plants / m<sup>2</sup>) and in both seasons. The composition of aquaponic water as a source of nutrition was not sufficient to meet the requirements for basil and mint nutrients. The highest plant height, N, P, K, and oil content results were reported for the treatment of chemical nutrient solution + plant density 6 plants / m<sup>2</sup> while chemical nutrient solution + plant density 8 plants / m<sup>2</sup> had the highest fresh and dry yield of basil and mint. The need for increasing the food production under climate change impacts, the use of aquaponic systems for sweet basil and mint production provided food production (fish and vegetables) as well as the medicinal plants at the same time protecting the environment by avoiding the use of chemical fertilizers.

**Keywords:** Aquaponic system; Sweet Basil; Mint; Hydroponics; Tilapia; Plant Density; Recirculating Closed System

### 1. INTRODUCTION

World Population and food security are one of the most difficult challenges facing most countries around the world, as the world's population is rapidly

increasing by up to 7.7 billion people (**Worldometer, 2020**), compared to (**Bernstein 2011, FAO 2012, 2010**) By 2050, the world's population will hit 9.6 billion and the food supply should be increased of about 70% to 100%. (**Carlo Bibbiani et al 2016**). Aquaponics is a promising technique because of the symbiotic incorporation of two established food production disciplines: (i) aquaculture, the art of fish farming; and (ii) hydroponics, the cultivation of plants in soil-free water. Aquaponics combines the two in a closed recirculation system (**Thorarinsdotir, 2015**). Recently, the Aquaponic method is one of the most appropriate solutions to ensure food safety, as two products are delivered from a single system (fish and crops) with reduced water use and fewer environmental impacts, therefore, achieving sustainability in addition provide supernormal quality protein, getting freshwater resources for drinking is becoming a challenge so water must be used rationally when applying modern techniques such as Aquaponic system which reduces water usage for crop production. (**Yigit et al 2016**), Aquaponic is therefore, a sustainable food production system where conventional aquaculture is mixed. (**Radosavljević et al 2014**) Popular fish included in Aquaponics are Nile tilapia, canal catfish, rainbow trout, and various carp species. (**El-Sayed 2006**) Presented that Tilapia has become one of the largest farm-raised fish in Egypt and around the world and plays an important role in the international food industry. Tilapia is a warm water fish used for aquaculture production, in particular, the *Oreochromis* genus, including the Nile tilapia (*O. niloticus*) and is the most commonly recognized of all tilapia species with hydroponic system (which means growing plants in water e.g. herbs, fruits, and vegetables). (**Selek et al 2017**) In a symbiotic system, the waste excreted by farmed fish provides nutrients to plants that are hydroponically produced, which in turn purify the water. (**David Carlsson, 2013**). Aquaculture has recently idealized a key source of revenue of approximately 11 million people (**Rivera-Ferre et al 2013; FAO, 2010**). In addition, about 1 billion people have a supply of animal protein (**Tidwell and Allan, 2012**). (**WHO, 2002**) Estimated that more than 80 per cent of the world's population relies on traditional plant-based medicines, especially in developing countries, as a result of the marketing of medicinal plants is growing rapidly and is subject to an increase from 62 US\$ billion in 2004 to 5 trillion US\$ in 2050. Sweet Basil is recommended in aquaponic systems because it grows rapidly, low to medium nutritional requirements, as well as adapted to aquaponic systems **Wilson, 2017**.

Sweet basil (*Ocimum basilicum* L.) belongs to the Lamiaceae family **Wogiatzi et al 2011** it is an annual herbal and aromatic plant that contains a range of essential oils. It originated in India and was introduced to Europe in the 12th century. Sweet Basil is currently being grown and refined for oil extraction in many countries such as the USA, Belgium, France and Hungary.

Refereeing to **Radosavljević et al 2014** the most common plants that can be successfully grown in the Aquaponics system include (basil, mint, thyme, lettuce, spinach, dill, parsley, rosemary, celery, lavender).

As mentioned by (**Harley and Brighton, 1977, Chambers 1992**) that Mint (*Mentha longifolia* L. family *Lamiaceae*) grows widely in Mediterranean areas, Europe, Australia and North Africa. The plant is a versatile perennial with a peppermint fragrance. It has a creeping rhizome with straight to creeping stems 40-120 cm long. According to **Dilipbhai 2015**. Mint has been shown to be the source of 75% natural menthol, toothpaste, Mouthwashes and pharmaceutical manufacturing The leaves contain 0.2% of essential oil used for human consumption, especially in the manufacture of teas and condiments, antiseptic, anesthetic, diaphoretic, carminative, febrifugal properties, stomach cancers, rheumatism, cough, rheumatism.

The main objective of this study is to increase the productivity of medicinal and aromatic plants integrated into the aquaponic system, thus achieving healthier crops and fish, decreasing water use and mitigating environmental impacts.

## 2. MATERIALS AND METHODS

The experiment was conducted at the Institute of Graduate Arid Land Agriculture and Research Institute (ALARI) at Ain Shams Univ., Egypt. The trial was performed over two summer seasons in 2017 and 2018 for the cultivation of mint and basil under urban conditions (open roof area).

### 2.1. Aquaponic system material

The Aquaponic method is an integrated system consisting mainly of a substrate culture using perlite as a medium for growing French basil and mint; the aquaculture system consists of a tilapia rearing tanks and filtering unit and the system entities, including:

**2.1.1 Fish material**

Nile Tilapia (*Oreochromis niloticus*), Mono sex with average initial weight 18-20 gram for finger was used in this trial. The fish density was 100 tilapias/ m<sup>3</sup> of water. The Tilapia was fed three times a day with a full sinking pellet. Tilapia was fed 30% protein-containing pelleted feed at 4-3% biomass during various rearing periods.

The feed rate for Tilapia was based on the average weight of the species, as small fish eat more feed than large fish. Periodical mean weight of fish samples was taken every 3 weeks as mentioned by (D'Abramo and Brunson, (1996). Feed intake was 3% of total biomass (tilapia was fed only 6 days and fast for one day to avoid residues of any uneaten feed.

**2.1.2 Fish rearing tank**

Wooden frame (1 m x 2 m and 50 cm high) padded with 1000 micron black polyethylene sheet was used as a tilapia rearing tank. The actual total volume of water for each rearing tank was 750 liters. Each rearing tank contained 75 tilapia fish with fish density of 100 fish per m<sup>3</sup>.

**2.1.3 Mechanical Filtration unit of Tilapia**

Mechanical Filtering units consist of two plastic buckets (18 liter volume) containing a basal layer (5 cm) of gravel (0.5-5 ml) and the rest fill by perlite. The main objective of the mechanical filtration unit is to eliminate the solid waste from tilapia and unfiltered feeders. The mechanical filter worked partly as a biological filter in order to improve the nitrifica-

tion cycle and plant nutrition. No need to direct biological filter regarding low fish density use and rearing water volume.

**2.1.4 Fish aerating equipment**

Each tank was supplied with 3 Poyu air pumps of the AP-005 (5 watts) with 8 liters of air per hour in order to offer sufficient dissolved oxygen (8 – 9 ppm) by Mettler Toledo, model 128, s/no1242 for tilapia in the water. A plastic tube by air-stone connected to the air pump to ensure consistent air delivery.

**2.2 Substrate culture system**

A simple wooden table (1 m length x 1 m width x 0.15 m depth) was used to present a bed substrate culture as a substrate system. The inside and bottom of the tables were coated with black polyethylene (0.5 mm) and filled with perlite (volume 150 L / table) as a medium to provide good aeration and allow fish water to return to the fish tank or nutrient solution in the closed system. The tables were set in slop 1 percent to help collect the leaching water for each plot through a number of holes in the base area.

Fish water and nutrient solution (Abul-Soud et al 2017) were pumped through a submersible pump (40 watts). Table (1) illustrated the chemical composition of nutrient solutions. Plants were irrigated using drip irrigation drippers with a capacity of 4 l / hr. The finishing was scheduled to work 12 hours a day. The planned irrigation was programmed using a wireless timer (10 minutes).

**Table 1.** The chemical composition of nutrient solutions.

Nutrient source	Macronutrients (ppm)					Micronutrients (ppm)					
	N	P	K	Ca	Mg	Fe	Mn	Zn	B	Cu	Mo
Ch. N.S.	160	40	240	150	48	3.0	0.8	0.4	0.5	0.25	0.02

\*Ch.N.S: chemical nutrient solution

**2.2.1 Plant Materials**

Sweet basil (*Ocimum basilicum* var. *minimum*.) Cassel rock seeds were planted in the middle of March 2017 and 2018. Basil seeds were planted in foam trays (peat moss: perlite 1:1 v / v) Plants were planted in perlite substrate culture after 30 days of sowing. Mint (*Mentha longifolia*) seedlings were transplanted into substrate culture in mid-April. All mint and basil were cultivated in mid-April 2017 and

2018 and harvested twice in the last week of September 2017 and 2018.

**2.3 The investigated treatments**

The possibilities of growing basil and mint in the aquaponic system compared to the chemical nutrient solution used during two different seasons for each plant under study were explored using the following treatments:

1– Nutrition Source: Aquaponic Water and Chemical Nutrient Solution (Abul-Soud et al 2017).

2– Plant Density: 6 and 8 plants / m<sup>2</sup>.

## 2.4 Measurements

### 2.4.1 Recorded data of basil and mint

Plant samples of each experimental plot were taken to establish the growth parameters at harvest time (two cutting harvest/season were applied for both basil and mint). Plant height (cm), total fresh yield (total 2 cutting harvest (on plant height 10 cm) during each season (Kg / m<sup>2</sup>), total dry yield (Air forced oven for 48 hours at 45 °C (Kg / m<sup>2</sup>) were determined.

For the mineral analysis of the leaves (N, P and K percent) it was determined that three plant samples of each plot were dried at 70°C in Air forced oven for 48 hours. The dried leaves were digested in H<sub>2</sub>SO<sub>4</sub> according to the method described by Allen (1974). The amounts of N, P and K in the acid solution have been estimated. Nitrogen was determined by using the micro Kjeldahl method as defined by FAO (1980). Phosphorus content was calculated using a spectrophotometer based on Wamshere and Olsen (1965). Potassium content was photo-metrically measured using the Flame Photometer Chapman and Pratt 1962. Basil and mint oil contents were estimated by Ds Chromium 6200 Gas Chromatograph.

### 2.4.2 Recorded data of Fish

Three samples tilapia fish rearing water were collected to estimate monthly NH<sup>4+</sup>, NO<sub>3</sub>, P and K (ppm) concentrations of fish water tank regarding Rosanna Sallenave, 2016, Skar et al 2015. While the parameters of tilapia growth performance were estimated as follows:

- **Total weight gain (TG)**

(TG) g = W1 – W0 As W1 the final weight (g).  
W0= the initial weight (g).

- **Average daily gain (ADG)**

ADG = (W1 – W0)/ days of feeding in the experimental periods

- **Specific growth rate (SGR)**

SGR % =100(Ln final weight - Ln initial weight)/period (days)

## Feed utilization parameters

- **Feeding conversion ratio (FCR)**

FCR = Feed intake (g)/ Weight gain (g)

- **Survival rate (SR)**

SR = (No. of fish at the final /No. of fish at the initial \* 100

## 2.5 Statistical design and analysis

Data analysis was done by using ANOVA statistical analysis program for a completely randomized plots design. The LSD among means was tested for significance at 0.05 levels according to Snedecor and Cochran (1980).

## 3. RESULTS

Table (2 and 3) presented the average fish rearing water parameters (NH<sup>4+</sup>, NO<sub>3</sub>, P, K, pH and Ec) under different plant densities (6 and 8 plants/m<sup>2</sup>) of mint and basil during the two seasons. The obtained results showed that increasing the plant density from 6 to 8 plants per Sq. m led to decrease NH<sup>4+</sup>, NO<sub>3</sub>, P and K (ppm) contents of fish rearing water as logical result of increasing the plant nutrient requirements. The results also revealed that increasing the NO<sub>3</sub>, P and K during the season regarding increasing the fish biomass and the increase of the feeding rate of fish while NH<sup>4+</sup> had reverse direction could be explained depending on enhancing the efficiency of biology filter.

Needless to mention that compared to the chemical composition of nutrient solution (Table 1), NO<sub>3</sub> and K contents of fish rearing water approximately close to their contents in chemical nutrient solution while P content of fish rearing water was presented much less than its content of the chemical nutrient solution. These results provide the evidence on the positive effects of chemical nutrient solution on the growth and yield of mint and basil compared to fish rearing water.

Compared the records of fish rearing water of mint (Table 2) and basil (Table 3) instead of plant density, the NH<sup>4+</sup>, NO<sub>3</sub>, P, K, pH and EC contents of fish rearing water with mint were less than contents of fish rearing water with basil. Basil plants showed higher capacity on removing NH<sup>4+</sup>, NO<sub>3</sub>, P and K from fish rearing water than mint. Enhancing the fish rearing water quality resulted in increasing the fish yield via increasing the plant density from 6 to 8 plants /m<sup>2</sup> and the use of the high capacity plants for removing NH<sup>4+</sup>, NO<sub>3</sub>, P and K from fish rearing water.

**Table 2.** Average fish rearing water parameters under different plant densities of basil

Basil	First season					Second season				
	April	May	June	July	August	April	May	June	July	August
	<b>NH<sub>4</sub> (ppm)</b>									
6 plants/m <sup>2</sup>	9.43A	10.66B	9.24A	9.18A	8.45A	9.53A	10.34A	9.29A	9.24A	8.49A
8 plants/m <sup>2</sup>	9.30B	10.48A	9.13B	9.08B	8.36B	9.37B	10.27B	9.18B	9.12B	8.37B
	<b>NO<sub>3</sub> (ppm)</b>									
6 plants/m <sup>2</sup>	80.78A	147.11A	122.12A	136.13A	144.32A	84.55A	156.17A	129.32A	141.18A	159.56A
8 plants/m <sup>2</sup>	75.26B	136.44B	116.21B	129.24B	136.24B	79.32B	141.32B	119.34B	131.25B	143.33B
	<b>P (ppm)</b>									
6 plants/m <sup>2</sup>	1.44A	3.23A	2.83A	4.62A	5.23A	1.46A	3.84A	3.34A	5.02A	6.94A
8 plants/m <sup>2</sup>	1.26B	2.74B	2.27B	3.93B	4.82B	1.30B	3.63B	2.93B	4.54B	5.14B
	<b>K (ppm)</b>									
6 plants/m <sup>2</sup>	120A	154A	142A	167A	188A	124A	159A	147A	171A	192A
8 plants/m <sup>2</sup>	114B	149B	133B	158B	178B	117B	151B	142B	164B	184B
	<b>Average pH</b>									
6 plants/m <sup>2</sup>	7A	7.1A	7.3A	6.9A	6.5A	7.1A	6.9A	6.7A	6.5A	6.6A
8 plants/m <sup>2</sup>	6.8B	7B	6.9B	7.2B	6.6B	6.5B	6.8B	7.3B	7.1B	6.8B
	<b>E.C ds m<sup>-1</sup></b>									
6 plants/m <sup>2</sup>	0.50A	0.58A	0.64A	0.66A	0.62A	0.51A	0.61A	0.66A	0.69A	0.65A
8 plants/m <sup>2</sup>	0.50B	0.56B	0.61B	0.63B	0.60B	0.51B	0.58B	0.66B	0.67B	0.63B

**Table 3.** Average fish rearing water parameters under different plant densities of Mint

Mint	First season					Second season				
	April	May	June	July	August	April	May	June	July	August
	<b>NH<sup>4+</sup> (ppm)</b>									
6 plants/m <sup>2</sup>	1.44B	1.53B	1.62B	1.68B	1.73B	1.47B	1.57B	1.63B	1.70B	1.72A
8 plants/m <sup>2</sup>	1.56A	1.61A	1.68A	1.71A	1.76A	1.59A	1.62A	1.66A	1.76A	1.79B
	<b>NO<sub>3</sub> (ppm)</b>									
6 plants/m <sup>2</sup>	72.6A	132.2A	120.0A	148.0A	161.6A	77.6A	138.3A	129.1A	157.1A	167.1A
8 plants/m <sup>2</sup>	62.2B	125.4B	110.2B	133.1B	146.4B	67.3B	130.2B	127.3B	140.2BB	158.3B
	<b>P (ppm)</b>									
6 plants/m <sup>2</sup>	1.34A	2.52A	2.83A	3.84A	4.43A	1.38A	2.73A	3.64A	4.75A	5.54A
8 plants/m <sup>2</sup>	1.31B	2.01B	2.43B	3.23B	3.83B	1.33B	2.32B	3.13B	4.13B	4.78B
	<b>K (ppm)</b>									
6 plants/m <sup>2</sup>	117A	149A	138A	161A	176A	122A	152A	145A	169A	180A
8 plants/m <sup>2</sup>	110B	141B	130B	162B	169B	118B	148B	137B	166B	173B
	<b>Average pH</b>									
6 plants/m <sup>2</sup>	6.7A	6.9A	7A	7.4A	7.1A	7.1A	7.3A	7.1A	6.4A	6.3A
8 plants/m <sup>2</sup>	6.5B	6.8B	7.2B	7.1B	6.9B	6.5B	7.5B	6.3B	6.6B	6.8B
	<b>E.C ds m<sup>-1</sup></b>									
6 plants/m <sup>2</sup>	0.50A	0.53B	0.61A	0.63B	0.62A	0.51A	0.59A	0.63A	0.65A	0.65A
8 plants/m <sup>2</sup>	0.50A	0.52B	0.58B	0.62B	0.60A	0.51A	0.54B	0.60B	0.64B	0.62B

The findings in **Table (4)** showed the effect of plant density (6 and 8 plants / m<sup>2</sup>) of basil and mint on total tilapia fish yield (75 fish/kg), respectively. The rise in plant density from 6 to 8 plants / m<sup>2</sup> of both basil and mint led to an increase in total tilapia fish yield. Plant density 8 plants/m<sup>2</sup> produced higher yields of tilapia fish in both seasons as well as basil and mint regarding to the higher capacity of removing nutrients of fish water tank and avoid the different biohazards on fish production. Final weight gain (FW), Total weight gain (TG), Average daily gain (ADG), Specific growth rate % (SGR) of Tilapia was higher in plant density 8 plants/m<sup>2</sup> than plant density 6 plants/m<sup>2</sup> for both basil and mint in the first and second season. Basil plants had significant positive effects on FW and TG compared to mint plants.

Meanwhile, feeding conversation ratio % (FCR) was on contrast as it was lower in plant density 8 plants/m<sup>2</sup> than plant density 6 plants/m<sup>2</sup> for the two plant types ( basil and mint) for both seasons. There is no significant difference in Survival rate % (SR) of tilapia integrated with both plant types in both seasons.

As regards in **Table (5)** the impact of plant density, the increase in plant density from 6 to 8 plants has increased the fresh and dry yield of basil but decreased the oil content of basil plants. By

comparison, the decline in plant density from 8 to 6 plants led to an increase in N, P, K and oil content (percent).

The highest plant height, N, P, K and oil content results were reported by the treatment of chemical nutrient solution + plant density 6 plants / m<sup>2</sup> while chemical nutrient solution + plant density 8 plants / m<sup>2</sup> had the highest fresh and dry yield of basil. On the other hand, the lowest values of N, P, K and oil contents (%) illustrated by aqua water + plant density 8 plants / m<sup>2</sup>.

Results in **Table (6)** showed that Mint's plant height in the chemical nutrient solution is higher than in aquaponic water and that there is no significant difference between plant density (6 and 8 plants / m<sup>2</sup>) in both nutrient sources (nutrient solution and aquaponic water) in both seasons. New and dry yields are higher in plant density (8 plants / m<sup>2</sup>) than in plant density (6 plants / m<sup>2</sup>) in both nutrients.

Forwarding, N, P, K (%) in plant density (6 plants / m<sup>2</sup>) is higher than plant density (8 plants / m<sup>2</sup>) in both nutrient sources also in both seasons, there is no significant difference in oil percent of both nutrient source and plant density (6 and 8 plants / m<sup>2</sup>) but in aquaponic water (6 plants / m<sup>2</sup>) it is higher than plant density (8 plants / m<sup>2</sup>) in both seasons.

**Table 4.** The parameters of tilapia growth performance in the aquaponic system with basil and mint

Treatment	Tilapia with basil		Tilapia with mint	
	First season	Second season	First season	Second season
	<b>Final weight gain (FW) (Kg)</b>		<b>Final weight gain (FW) (Kg)</b>	
6 plants/m <sup>2</sup>	12.38 B	13.11 B	10.13 B	11.25 B
8 plants/m <sup>2</sup>	13.66 A	14.19 A	11.54 A	11.53 A
	<b>Total weight gain (TG)g</b>		<b>Total weight gain (TG)g</b>	
6 plants/m <sup>2</sup>	10.88 B	11.61 B	8.63 B	9.75 B
8 plants/m <sup>2</sup>	12.16 A	12.69 A	10.04 A	10.03 A
	<b>Average daily gain (ADG)</b>		<b>Average daily gain (ADG)</b>	
6 plants/m <sup>2</sup>	0.091 B	0.097 B	0.072 B	0.081 B
8 plants/m <sup>2</sup>	0.101 A	0.106 A	0.084 A	0.084 A
	<b>Specific growth rate % (SGR)</b>		<b>Specific growth rate % (SGR)</b>	
6 plants/m <sup>2</sup>	1.41 B	1.72 B	1.54 B	1.61 B
8 plants/m <sup>2</sup>	1.74 A	1.77 A	1.63 A	1.63 A
	<b>Feeding conversation ratio (FCR)</b>		<b>Feeding conversation ratio (FCR)</b>	
6 plants/m <sup>2</sup>	1.61 A	1.50 A	1.94 A	1.80 A
8 plants/m <sup>2</sup>	1.45 B	1.40 B	1.71 B	1.71B
	<b>Survival rate % (SR)</b>		<b>Survival rate % (SR)</b>	
6 plants/m <sup>2</sup>	95.4 A	95.3 A	95.7 A	95.6 A
8 plants/m <sup>2</sup>	95.8 A	95.5 A	95.9 A	95.8 A

The chemical nutrient solution has yielded the highest yields of basil and mint as well as N, P, K and oil contents, but the highest yields of N, P and K contents may have negative impacts on the yield

quality of basil and mint. The composition of aquaponic water as a source of nutrition was not sufficient to meet the requirements for basil and mint nutrients.

**Table 5.** Effect of plant density and nutrient source on vegetative growth and chemical characteristics of Basil during the cultivated seasons

Nutr. Source	Plant density	First season 2017						
		Plant height (cm)	Fresh yield Kg/m <sup>2</sup>	Dry yield Kg/m <sup>2</sup>	N (%)	P (%)	K (%)	Oil (%)
Ch.N.S	6 pl./m <sup>2</sup>	53.3A	3192.70 B	491.00 B	1.91 A	0.36 A	2.04 A	0.66 A
	8 pl./m <sup>2</sup>	53.0 A	4466.70 A	687.37 A	1.57 C	0.30 B	1.33 C	0.53 A
Aqua S	6 pl./m <sup>2</sup>	40.7 B	1704.70 D	262.33 D	1.77 B	0.31 B	1.60 B	0.24 B
	8 pl./m <sup>2</sup>	42.0 B	2587.20 C	398.13 C	1.39 D	0.22 C	1.08 D	0.17 B
<b>Second Season 2018</b>								
Ch.N.S	6 pl./m <sup>2</sup>	62.0 A	3413.00 B	524.67 B	2.34 A	0.43 A	2.75 A	1.90 A
	8 pl./m <sup>2</sup>	60.7 A	4637.33 A	713.60 A	1.66 C	0.31 B	1.49 C	1.60 B
Aqua S	6 pl./m <sup>2</sup>	45.3 B	2004.67 D	308.67 D	2.07 B	0.38 A	1.75 B	0.48 C
	8 pl./m <sup>2</sup>	46.7 B	2776.00 C	426.93 C	1.44 D	0.25 C	1.21 D	0.34 C

\* Similar letters indicate non-significant at 0.05 levels.

\*\* Capital letters indicate the significant difference of each factor (P<0.05)

\*\*\*Nutr. Source: nutrient source,

\*\*\*\*Ch.N.S: chemical nutrient solution

\*\*\*\*\*Aqua S.: Aquaponic solution

**Table 6.** Effect of plant density and nutrient source on vegetative growth and chemical characteristics of Mint during the cultivated seasons.

Nutr. Source	Plant density	First season 2017						
		Plant height (cm)	Fresh yield Kg/m <sup>2</sup>	Dry yield Kg/m <sup>2</sup>	N (%)	P (%)	K (%)	Oil (%)
Ch.N.S	6 pl./m <sup>2</sup>	53.3 A	1809.33 B	278.33 B	2.34 A	0.34 A	2.45 A	1.19 A
	8 pl./m <sup>2</sup>	53.0 A	2529.33 A	389.27 A	1.80 B	0.21 C	1.45 B	1.15 A
Aqua S	6 pl./m <sup>2</sup>	40.7 B	1055.33 D	162.33 D	2.07 B	0.26 B	1.77 B	1.11 A
	8 pl./m <sup>2</sup>	42.0 B	1606.67 C	247.23 C	1.44 D	0.19 C	0.95 C	0.48 B
<b>Second Season 2018</b>								
Ch.N.S	6 pl./m <sup>2</sup>	62 A	3413.00 B	524.67 B	2.43 A	0.45 A	2.51 A	1.35 A
	8 pl./m <sup>2</sup>	60.7 A	4637.33 A	713.60 A	1.93 C	0.26 C	1.55 B	1.18 A
Aqua S	6 pl./m <sup>2</sup>	45.3 B	2004.67 D	308.60 D	2.08 B	0.32 B	1.89 B	1.26 A
	8 pl./m <sup>2</sup>	46.7 B	2776.00 C	426.93 C	1.73 D	0.22 C	1.15 C	0.62 B

\* Similar letters indicate non-significant at 0.05 levels.

\*\* Capital letters indicate the significant difference of each factor (P<0.05)

\*\*\*Nutr. Source: nutrient source

\*\*\*\*Ch.N.S: chemical nutrient solution

\*\*\*\*\*Aqua S.: Aquaponic solution

#### 4. DISCUSSION

Concentrations of  $\text{NH}_4^+$  and  $\text{NO}_3^-$  were at the safe range for tilapia whether integrated with basil or mint, notwithstanding concentrations of tilapia water nutrients are lower than those ordinarily found in the nutrient solution of hydroponic systems, but they are accepted for aquaponics as they are generated from the mineralization of organic matter of tilapia and are daily produced that is because the slow disposal of tilapia excretion provides an efficient period for considerable mineralization to happen. Additionally, elimination of organic matter, microorganisms in the rearing tank, also removed dissolved organic matter, avoiding it from carrying immoderate microbial growth on the basil and mint roots. (Rakocy, 2010).

In general, the use of chemical nutrient solution provided the highest records of vegetative growth and yield characteristics, as well as N, P, K and oil content of both basil and mint during the two cultivated seasons, and this was decided upon (Shaymaa, 2017). The composition and quantities of plant nutrients in the chemical nutrient solution are compatible with the criteria for basil and mint nutrition relative to the fish water content of nutrients Valentina et al 2018. The satisfaction of nutrient requirements has led to optimum vegetative growth characteristics which have led to the highest yield as accepted (Somerville et al 2014).

Agreed with (Flowers et al 2007) in the current study, basil reported higher biomass than mint, while fresh and dry basil / m<sup>2</sup> yields were higher than mint. On the other side, the nitrogen and oil content (percent) of mint yielded the highest levels compared to basil as accepted with (Dilipbhai, 2015).

As agreed with (Moya et al 2016) Increased plant density from 6 to 8 plants of both basil and mint led to an increase in fresh and dry yield / m<sup>2</sup> under chemical nutrient solution and fish water thus decreasing the N, P, K and oil content of both basil and mint. In addition, the plant density of both basil and mint had a significant impact on the yield of tilapia fish during the two cultivated seasons as a result of the rise in the removal of N forms and other nutrients from fish water Wongkiewa et al 2017. As agreed with (Yildiz et al 2017) Plants in aquaponic systems used as a bio-filter to remove soluble nutrients from fish waste and feeders. The yield of tilapia fish was generally higher under different plant basil densities Saha et al 2016, Rakocy et al 2004 than the plant

density of mint. It seems that the basil had a supreme effect on the yield of tilapia fish compared to mint. These results could be explained in terms of higher fresh and dry basil yields compared to mint. Basil plants had a higher potential for removing nutrients from fish water as agreed with (Abdolhossein et al 2013)

#### 5. CONCLUSION

The Aquaponic method may play a role not only in the production of food but also in the production of medicinal and aromatic herbs such as basil and mint. In the event of the need for the maximum fresh and dry yield of basil and mint with no environmental concerns, the study recommended the use of chemical nutrient solution combined with plant density 8 plants / m<sup>2</sup> of basil and mint. While in the case of the oil content is the target yield, chemical nutrient solution combined with plant density 6 plants / m<sup>2</sup> is suggested. High regard for environmental issues (free of chemical fertilizers) and production versatility, the aquaponic system with plant density 8 plants / m<sup>2</sup> of basil and mint for fresh and dry yield or plant density 6 plants / m<sup>2</sup> for oil content are recommended. The basil plants provide a higher capacity for removing the nutrients of fish rearing water compared with mint. The need to investigate more plants to estimate the higher plant capacity for removing the nutrients efficiently led to increasing the aquaponic system production (fish and plant).

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## تقييم إنتاج أعشاب النعناع والريحان بالتكامل مع إنتاج أسماك البلطي بنظام الأكوابونك

[41]

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### الموجز

والعطرية مثل الريحان والنعناع، توصي الدراسة للحصول على أعلى إنتاجية للوزن الطازج والجاف من الريحان والنعناع باستخدام المحلول المغذي مع كثافة 8 نباتات/م<sup>2</sup>. بينما للحصول على أعلى نسبة زيت يوصى باستخدام المحلول المغذي مع كثافة 6 نباتات/م<sup>2</sup>. ولكن من ناحية الأعتبارات البيئية والحفاظ على البيئة من أضرار الكيماويات والتنوع في الانتاج يوصى باستخدام مياه الأستزراع السمكي (الأكوابونك) مع كثافة 8 نباتات/م<sup>2</sup> للحصول على أعلى إنتاجية من الوزن الطازج والجاف لكل من الريحان والنعناع وللحصول على أعلى نسبة زيت يوصى باستخدام 6 نباتات/م<sup>2</sup>.

**الكلمات المفتاحية:** نظام الأكوابونك، الريحان الحلو، النعناع، الهيدروبونك، البلطي، الكثافة النباتية، النظام المغلق

أجريت هذه التجربة في معهد الدراسات العليا والبحوث للزراعة في المناطق القاحلة - كلية الزراعة - جامعة عين شمس - شبرا الخيمة - القاهرة - جمهورية مصر العربية، من أجل استخدام نظام تكاملي لإنتاج الريحان الفرنسي (*Ocimum basilicum* var. *Minimum*) والنعناع السعودي (*Mentha longifolia*) في نظام البيئات خلال موسمين 2017 و2018 على التوالي. وتم استخدام كثافتين لكل من الريحان والنعناع 6 نباتات ريحان/م<sup>2</sup> و 6 نباتات نعناع/م<sup>2</sup> و 8 نباتات نعناع/م<sup>2</sup> و 8 نباتات ريحان/م<sup>2</sup> مع كثافة واحدة للبلطي 75 سمكة في الحوض في نظام مغلق وتم مقارنة نفس الكثافات للريحان والنعناع مع المحلول المغذي عامل مقارنة. نظام الأكوابونك له دور فعال في إنتاج الغذاء وأيضا في إنتاج النباتات الطبية